



RHS RAISE YOUR VOICE CLUB 2025 - 2026

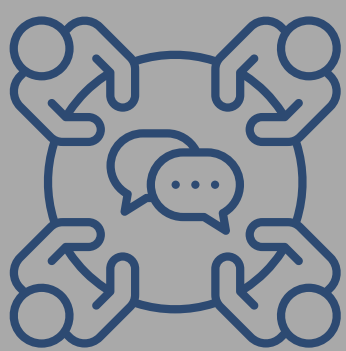


RAISE YOUR VOICE

Youth - Adult partnerships
Youth raise awareness about mental health
Youth advocacy
Youth create a sense of belonging



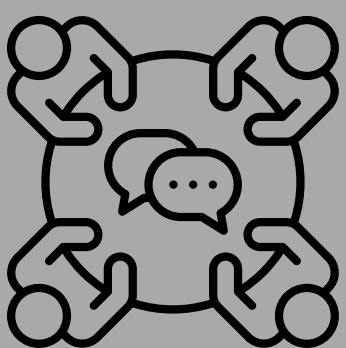
3 OPEN MIC NIGHTS AT ARTSTART



MONTHLY DISCUSSIONS WITH HEALTH DEPT. STAFF AND PLANS TO EXPAND IN THE FALL TO INCLUDE SUBSTANCE USE PREVENTION



STUDENT-DEVELOPED EDUCATIONAL DISPLAY AT YMCA TEEN NIGHTS



PARTICIPATION IN MAY 1ST ASPIRUS EVENT: SHARING YOUTH VOICE WITH HEALTH PROFESSIONALS AND COLLEGE STUDENTS



HIGH SCHOOLERS WILL TEACH "MIND MATTERS" ACTIVITIES TO 4TH AND 5TH GRADERS IN MAY; EVIDENCE-BASED TIPS TO CALM BRAINS AND HELP FOCUS