

Oneida Extension Educators and Staff made 187 Programming Contacts in the months of September and October; with 34 Adult Contacts and 153 Youth Contacts.

2023 Cumulative Total: 2913

Contacts 34 Adults and 153 Youth

September 2023

Positive Youth Development Oneida County 4-H

Anne Williams, 4-H Educator

- Provided leadership for the Oneida County 4-H Lego Robotics “Explorers” Club for youth ages 7-10. The goal of this effort is for youth to discover a real-world challenge and opportunity, talk about their hobbies and/or interests, think about how they use art/creativity in their hobbies and/or interests, and share their ideas with each other.
- Ongoing support and leadership for the Oneida County 4-H Leaders' Association, a group comprised of youth and adult 4-H volunteers. The goal of this effort is for members to conduct county-level 4-H programs with youth, raise funds, manage the budget to support 4-H programming, coordinate county-level recognition for youth and adults, represent 4-H to the community, and to advocate for 4-H.



Oneida County 4-H youth participate in the first 4-H LEGO Robotics “Explorers” Club gathering of the season on September 28, 2023, at the Rhinelander District Library.



Oneida County 4-Hers are participating in Oneida County 4-H's Junior Leaders Program, where they will discover more about their strengths and ways they can work with others, help lead a 4-H Cloverbud program, and more.

- A leadership workshop for Oneida County 4-H members, grades 5 and up, where youth participated in hands-on, leadership-based, activities and became familiar with evidence-based youth development curriculum while choosing a 4-H Cloverbud program topic they would like to help lead. The goal of this effort is for youth to learn more about themselves, how they can use their own characteristics to work with others, identify strengths when leading and working with others, and develop life skills through active engagement in leadership.
- Ongoing guidance and support for an Oneida County 4-H Youth Leader, helping this individual plan to lead a 4-H program series for elementary-aged youth that incorporates activities geared toward developing public speaking, leadership, and building confidence.

Through this work, this individual will gain life skills related to project management, planning, and working with the community.



Oneida County 4-H member Quinn gives a demonstration on how to make a healthy snack during the September gathering of the Northwoods Explorers 4-H Club.

- Ongoing planning for an Oneida County 4-H LEGO Robotics program for youth ages 7-10 in Rhinelander. The goal of this effort is to provide an opportunity for youth to explore their sparks (interests) in science, technology, engineering, art, and math, while being introduced to the 4-H program.
- A gathering of the Northwoods Explorers 4-H Club, where youth led club business, recreation, and participated in a hands-on activity where they learned about 4-H opportunities for the 2023-2024 4-H year. In addition, a club member gave a demonstration on how to make a healthy snack. The goal of this effort was for youth to gain a sense of belonging in a safe, supported, and welcoming environment, and consider club leadership opportunities.

Positive Youth Development

Sharon Krause, Community Youth Development Educator

- Presented to Rural Virtual Academy high school students, where I and another Teen Court Coordinator gave an overview of the teen court system, and qualities needed to serve as a teen court panelist. The presentation was shared to raise awareness of restorative justice and opportunities for youth to serve their communities by possibly joining a teen court program.
- Led a staff training for employees at New Horizons Family Services in Rhinelander, WI. A tribal partner and I taught the history of Lac du Flambeau, tribal sovereignty, and the boarding school era in order to increase the staff's effectiveness as they serve tribal youth and families. New Horizons partners with Oneida and Vilas County Social Services Departments by offering parenting classes, substance use mitigation, coping skills, respite care for parents of disabled children, Comprehensive Community Service caseworkers, mentors for youth, youth curricula like Botvin Life Skills, and other services.

Health and Well-Being

Terri Kolb, FoodWise Administrator

- Development of a partnership with the Hunger Task Force of Wisconsin and FoodWise to collaborate on food access for income eligible older adults in Areas 3 and 4. The main goal of this effort is increasing healthy food access of nourishing foods.

October 2023

Positive Youth Development Oneida County 4-H

Anne Williams, 4-H Educator

- Ongoing guidance and support for an Oneida County 4-H youth leader; helping this individual plan to lead a 4-H "Build Confidence!" Program that incorporates activities geared toward public speaking, leadership, and building confidence. Through this work, the individual will gain life skills related to project management, planning, and working with the community.
- Continued leadership for Oneida County 4-H LEGO Robotics "Explorers" Club where youth ages 7-10 built a LEGO model from a lesson and explored the use of lights and sensors. The goal of this effort was for youth to identify how lights and sounds are used to make an exhibit interactive, discover a real-world challenge and opportunity, develop life skills of teamwork, communication, decision-making, and critical thinking, discuss what inclusion is, and communicate their ideas with others.

4-H members in the Oneida County 4-H Lego Robotics "Explorers" Club experiment with their LEGO model and coding to solve a problem.

Oneida County 4-H members present a scene they created with LEGOS as part of a special challenge activity during an Oneida County 4-H Lego Robotics "Explorers" Club gathering.
- Leadership for Oneida County 4-H LEGO Robotics "Explorers" Club where youth ages 7-10 created a LEGO model from the lesson and explored motor coding blocks. The goal of this effort is for youth to discover a real-world challenge and opportunity, learn basic coding skills, develop life skills of teamwork, communication, decision-making, and critical thinking, discuss what inclusion is, and communicate their ideas with others.

4-H members in the Oneida County 4-H robotics club show excitement when they successfully completed a challenge and were able to make their machine move.

Oneida County 4-H members work in teams to accomplish a goal as part of Oneida County 4-H Lego Robotics "Explorers" Club on October 5th at the Rhinelander District Library.
- Leadership for the Oneida County 4-H "Explorers" Lego Robotics club for youth ages 7-10 where they added music concert pieces to the basic stage they previously built. The goal of this effort is for youth to discover a real-world challenge and opportunity,



Members of the Oneida County 4-H Lego Robotics "Explorers" Club play a game that introduces coding to young people.



discuss how sound or music is used to help performers, explore different jobs in the arts, explore music venues in their community, and communicate their ideas with others.

- Leadership for the Oneida County 4-H "Explorers" Lego Robotics club for youth ages 7-10 where they built a basic stage and mini figures. The goal of this effort is for youth to discover a real-world challenge and opportunity, discuss what teamwork is, explore different jobs in the arts and tools or objects used, and communicate what they did and learned with each other.
- Leadership for the Northwoods Explorers 4-H Club for youth ages 5-12 and their families, where youth participated in club officer elections and club goals, as well as Halloween-themed activities. The goal of this effort is to increase member involvement, for youth members to learn skills needed to become effective youth leaders, and to encourage youth to apply leadership skills to other settings and become effective citizens.
- Planning and support for an Oneida County 4-H volunteer to lead a "Learn to Sew" 4-H program based in Minocqua. The goal of this effort is for youth to recognize basic sewing machine parts and how to use a sewing machine, and for the adult volunteer to gain skills in teaching quality 4-H positive youth development programs and developing communication skills.
- Support for the Oneida County 4-H Leaders' Association to host the 2023 Oneida County 4-H Welcome & Recognition Event where 4-H members, volunteers, families, and county partners and guests were welcomed and received recognition. The goal of this event is to help youth become more capable and competent through recognizing and appreciating each person's effort and providing positive reinforcement to continue participating in learning activities.



2023 Oneida County 4-H Welcome & Recognition Event

Positive Youth Development

Sharon Krause, Community Youth Development Educator

- A free training in Question, Persuade, Refer (QPR) at Minocqua Library, where the general public was invited in order to increase the number of people trained in suicide prevention.
- Participated in a coalition meeting held by Oneida County's Health Department, where members of various agencies started collaborating on an application for a Drug-Free Community Grant in order to prevent underage drinking. The primary issues we will address are Stigma, Community Norms, and Lack of Treatment Providers. My role will be to educate youth about alcohol, reduce stigma about getting help, and include youth voice in decision-making.



- Organized and provided leadership for an educational program at the Oneida County Courthouse, where Teen Court Panelists observed a civil jury trial. This was an opportunity for the young leaders to learn more about court proceedings and the impact of both traditional and social media on the courts. Along with observing the trial, discussions were had with the youth and space was provided for them to process and share.
- Met with the new principal of Lakeland Union High School, where we discussed the state of the school and Extension resources, in order to explore possible future collaborations.

FoodWise

Allison Wilson, FoodWise Educator

Mary Stys, FoodWise Educator

Terri Kolb, FoodWise Administrator

- Taught weekly lessons at Central Elementary School with a total of 22 lessons taught, reaching 104 - 1st, 3rd, and 5th graders (*Allison Wilson*).
- Attended the first Regional Food Pantry Network Meeting. Food pantry directors, organizers, and volunteers from multiple counties met at the Rhinelander Area Food Pantry. The meeting in October was the first of recurring quarterly meetings with surrounding food pantry leaders to learn and network with one another. Extension is helping provide leadership and structure for the network.